



## Health Department

Communicable Disease Prevention

2400 Troost Ave.  
Kansas City, Missouri 64108

816-513-6152

September 2023

Thank you for picking up a free COVID-19 at-home test kit provided by the Kansas City, MO Health Department. The test kits are for personal use and not for resale.

### When to Take an At-Home COVID-19 Test

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>

Test Yourself If...	Timing
<p>You have any COVID-19 symptoms</p> <p><a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</a></p>	<p>Test Immediately.</p> <p><b>If you test negative</b> for COVID-19 using an at-home antigen test, repeat* the test again 48 hours after your first test. Also, consider consulting a healthcare provider to see if you need to be tested for another viral infection or illness. Follow precautions on how to protect yourself and others.</p>
<p>You were exposed to someone with COVID-19</p>	<p>Test at least 5 full days after your exposure.</p> <p><b>If you test negative</b> for COVID-19 using an at-home antigen test, repeat* the test again 48 hours after your first test. If both tests are negative, then repeat testing after another 48 hours for a total of three tests.</p>

\* <https://www.fda.gov/medical-devices/safety-communications/home-covid-19-antigen-tests-take-steps-reduce-your-risk-false-negative-results-fda-safety>

If you test positive for COVID-19, stay home for at least 5 days from the date of symptom onset. If you had no symptoms, stay home five days from the date of the positive test. Mask for 10 days from



the date of illness onset or date of positive test if no symptoms. Please visit CDC for full isolation guidance: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>.

If you have COVID-19 and are more likely to get very sick, treatments are available that can reduce your risk of hospitalization and death. Treatment must be started within days after you first develop symptoms to be effective. Please contact your doctor if you test positive or use this link to find a location that offers testing and treatment: <https://covid-19-test-to-treat-locator-dhhs.hub.arcgis.com/>.

Please visit our website if you wish to report your results to the Kansas City, MO Health Department. <https://www.kcmo.gov/city-hall/departments/health/coronavirus>

If you have questions about COVID-19, please call us at 816-513-6152, Monday–Friday from 8am–5pm.

